



Himalayan Dreamtreks

10B, Ajabpur Kalan, Dharampur, Dehradun, 248001

## Self Declaration (To be filled by trekker)

- ▶ Adventure activities provided by Himalayan Dreamtreks come with inherent risks and dangers, particularly concerning the terrain, weather, high altitude, and remote nature of the areas we operate in. The possibility of slips, falls, injuries, illnesses, and even death cannot be ruled out.
- ▶ Participants of our adventure activities/trips should be in good health, possess stamina, and must not withhold or misrepresent any health-related information. Poor health can significantly increase the risks associated with these activities/trips.
- ▶ To manage our operations effectively, Himalayan Dreamtreks engages third-party professionals. Therefore, we cannot be held responsible for any harm, loss, or damage to participants' belongings or themselves while being transported by porters, animals, or vehicles, during the trip, arrival and departure, or during their stay at accommodations.
- ▶ Participants are expected to behave in a manner conducive to group travel. Himalayan Dreamtreks reserves the right to terminate a participant's trip if they cause distress or annoyance to co-travelers, damage property, or violate our guidelines. No refunds for unused services will be provided in such cases.
- ▶ The rules, regulations, and guidelines have been established to ensure the safe enjoyment of the activity/trip. Participants must abide by the instructions given by the trip leader/organizer, whose decisions are final and binding.
- ▶ Participants acknowledge the importance of minimizing environmental impact during the adventure activities/trips and pledge to adhere to Leave No Trace principles
- ▶ Participant safety and enjoyment are our prime concerns. We carry out our responsibilities honestly and sincerely to ensure trouble-free trips. Himalayan Dreamtreks reserves the right to modify the activity/trip or parts thereof under circumstances beyond our control, such as acts of God, road blockages, political unrest, sickness, accidents, or events beyond our control. Participants are responsible for any additional costs arising from such circumstances.
- ▶ Himalayan Dreamtreks bears no responsibility for any medical expenses incurred by participants during or after the adventure activity/trip, including evacuation costs.

**I hereby affirm that I have thoroughly read and understood all the disclaimer terms associated with this adventure activity/trip. My participation is entirely voluntary, and I acknowledge the inherent risks involved. I absolve Himalayan Dreamtreks, wholly or partly, of any responsibility in the event of any accident, illness, injury, or death during the course of this activity/trip.**

Full Name \_\_\_\_\_ Age \_\_\_\_\_ Trek Name \_\_\_\_\_

Date \_\_\_\_\_