

HIMALAYAN DREAMTREKS

MENU

(During the trek)

BREAKFAST

Egg Bhujji with sliced bread, Boiled egg, omlet
Corn Flakes With hot milk
Porridge, Upma, mix paratha
Poori Bhaji
Poha
Tea, Coffee

LUNCH

Chapati with mix veg / Pulawo with pickle and green salad
Refreshing drinks during the treks

DINNER

1 mix Veg and dal or
Mutter Paneer and dal
Chapatti & rice
Papad achar and salad

DESSERT

Gulab Jamun/ sewain kheer/soan papdi/ jalebi shoji halwa / Phirnee

SNACKS

Veg noodles/pasta/Haluwa/veg pakoda/cookies with soups and tea coffee



Note – Menu can be change according to conditions.

